

# **Brain Gym® A Course for Educators, Therapist & Parents**

A 24 Hour Introductory Course In Educational Kinesiology

Offered by Jan Yordy, M Ed., MSW, Certified Play Therapist & Brain Gym Instructor

Brain Gym® is a program which facilitates the understanding of the brain/body connection and teaches the developmental movements to reduce stress and enhance the integration of the whole brain. This fun introductory workshop allows you to experience whole brain learning for better performance and learning success. In this experiential workshop learn **26 Brain Gym® exercises**, the **Educational Kinesiology Balance Process**, and the **Three Dimensions of Brain Functioning** which enhance our focus, concentration, and memory skills.

Brain Gym® assists school children to learn better, business people to be more productive, seniors to feel more alert and coordinated, sport participants to perform better, and everyone to feel less stressed and anxious. Come and playfully discover the power of Brain Gym to enhance your brain integration and personal effectiveness.

**Dates: July 7<sup>th</sup>, 8<sup>th</sup>, 14<sup>th</sup> & 15<sup>th</sup>, 2011**

(The full training is a 24 hour training but you may choose to attend the first day only.)

**Time: 9:00 a.m. to 4:00 p.m. for all 4 days**

**Location: Integrated Centre for Optimal Learning**

826 King St. N, Unit 16, Marketside Complex across from St. Jacobs Farmers Market

**Cost: \$440 + HST (Includes Brain Gym manual.)**

(\$20 off if registration is received **1 month** before the training begins)

For more information call:**519-664-3568** E-mail:yordy@energyconnectiontherapies.com

Other workshops by Jan Yordy check [www.energyconnectiontherapies.com](http://www.energyconnectiontherapies.com)

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Brain Gym Level One Registration – July 7, 8, 14, & 15, 2011 Workshop

Name: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ E-mail: \_\_\_\_\_

Please make checks payable to **Jan Yordy**. Cash, Master Card or Visa also accepted.

Send registrations to: **Jan Yordy, P.O. Box 35, St. Jacobs, Ontario N0B 2N0**

**Fax: 519-664-1390**